



# CARE MINISTRIES

At some point, we could all use someone to talk to about struggles, issues or pain we have encountered in our life. Southwest is proud to offer multiple care resources to help you in your journey toward healing and recovery.

## **Celebrate Recovery (12-Step Ministry)**

Ministry Leader: Briana Jandt  
(760) 200-2000 ext 2283  
[celebraterecovery@southwestchurch.com](mailto:celebraterecovery@southwestchurch.com)

Friday Nights 6:30-8:30PM

- Alcohol/Chemical Dependency
- Anxiety, Depression, Mental Health
- Sexual Integrity
- Other Habits, Hurts and Hangups

## **Grief Share**

Ministry Leader: Jackie Collins  
[jackie65rosen@gmail.com](mailto:jackie65rosen@gmail.com)

A 13-week group experience to help you recover from the death of a loved one. Groups run throughout the year at various dates and times.

## **Marriage Mentors**

Ministry Leaders: Annette and Adam Newcomb  
[nan6225@gmail.com](mailto:nan6225@gmail.com)

Trained mentors who meet 2-on-2 with hurting couples that need help, in a safe and caring environment. Individual mentor sessions are by appointment only.

## **Divorce Care**

Ministry Leader: Melody Thornton  
[care@southwestchurch.com](mailto:care@southwestchurch.com)

A 13-week group experience to help individuals heal from a divorce and move toward rebuilding their life. Groups run throughout the year at various dates and times.



Scan Here for More Info

# COUNSELING REFERRAL LIST

Southwest is confident in referring hurting individuals and families to the following list of licensed therapists who are qualified to help you navigate emotional, marriage and family challenges.

**Chonnie Thiessen, LMFT #120392**

(760) 283-7873

78401 Hwy 111 - Suite U, La Quinta

Southwest Church Referral Discount Available

**Gary Jeandron, MFT #43051**

(760) 345-8300

GaryJeandron@yahoo.com

78401 Hwy 111 - Suite U, La Quinta

Southwest Church Referral Discount Available

**Jessica Lazos, LMFT #129101**

(Bi-Lingual English/Spanish)

(760) 289-5295

Jess.lazoslmft@gmail.com

78401 Hwy 111 - Suite U, La Quinta

Southwest Church Referral Discount Available

**Erica Cable, LMFT**

(Specialty with kids/teens)

(760) 283-7873

78401 Hwy 111 - Suite U, La Quinta

**Michael Tripet, LMFT #91096**

Desert Marriage and Family Counseling

(760) 777-7720

<https://desertmarriagefamily.com/>

43585 Monterey Avenue #1, Palm Desert

**Mary Berst, PhD (License #PSY32434)**

\*Telehealth only, 18 and older

Psychologist for Anxiety, depression, PTSD

(760) 902-9296

[www.DrMaryBerst.com](http://www.DrMaryBerst.com)

Southwest Church Referral Discount Available

For further questions or information, please feel free to contact us by phone at (760) 200-2000 or by email at [care@southwestchurch.com](mailto:care@southwestchurch.com).